

**Department of Adult
& Community Education**

**A Series of
Masterclasses
Supporting an
unplanned pregnancy
Autumn 2018**

Organised by the Department of Adult and Community Education, Maynooth University
in conjunction with HSE Sexual Health & Crisis Pregnancy Programme



Siáinte Ghnéis &
Clár um Thoirchis Ghéarchéime
**Sexual Health &
Crisis Pregnancy Programme**



Introduction

The aim of these Masterclasses is to create an opportunity for professionals to gain more in-depth knowledge and skills to resource them in managing the challenges that present around unplanned pregnancy.

The Masterclasses will provide a supportive and informative space for dialogue and reflection to help strengthen professionals' work in the broad field of crisis pregnancy. Opportunities will be created for participants to share experiences and knowledge.

Who is it for?

If you encounter an unplanned pregnancy in the course of your professional life, and have some responsibility for supporting people who find themselves in this situation. This may include, for example, teachers, doctors, nurses, social workers, therapists, chaplains, all pastoral care workers, youth workers.

When?

Masterclass 1

12th October 2018, 10am – 4.30pm
John Hume Building, Maynooth University

Masterclass 2

19 October 2018, 10am – 4.30pm
John Hume Building, Maynooth University

Masterclass 3

16th November 2018, 10am – 4.30pm
John Hume Building, Maynooth University

Masterclass 4

30th November 2018, 10am – 4.30pm
John Hume Building, Maynooth University

Masterclass 5

07th December 2018, 10am – 4.30pm
John Hume Building, Maynooth University

Masterclass 6

14th December 2018, 10am – 4.30pm
John Hume Building, Maynooth University

Fee

Maynooth – €30 per Masterclass – non-refundable (light lunch included)

Facilitator

Anne McCarthy, Department of Adult and Community Education, Maynooth University

Enquiries

Breda Gibney

Tel: 01 708 3752

Email: crisispregnancymasterclasses@mu.ie

maynoothuniversity.ie/adult-and-community-education/events

Masterclasses

Masterclass 1

Crisis Pregnancy Counselling Skills for Professionals

Friday 12th October, 2018

10am – 4.30pm

John Hume Building, Maynooth University

This Masterclass provides an opportunity to explore and practice counselling skills in a crisis pregnancy situation. It will focus on contract setting, boundaries, trauma, informed decision-making and the necessity of empathy. Participants will build on the skills of listening deeply to the client/patients' needs and concerns, while being mindful of the legal, social and cultural context. This Masterclass is presented by Anne McCarthy.

Masterclass 2

Understanding Fatal Fetal Abnormality as a Crisis Pregnancy

Friday 19th October, 2018

10am – 4.30pm

John Hume Building, Maynooth University

This Masterclass will explore the complexities of caring for women who have been given a prenatal diagnosis of a fatal or severe fetal abnormality. Jane Dalrymple has many years experience as a midwife caring for mothers, their partners and families. She will explore the complexities of this diagnosis and will share her knowledge of the current practice in supporting the mother and father through this very difficult outcome.

Masterclass 3

Termination of Pregnancy: Dealing with complex issues.

Friday 16th November, 2018

10am – 4.30pm

John Hume Building, Maynooth University

The experience of termination of pregnancy is rarely if ever discussed by women or by the wider society. Professionals will be offered an opportunity to explore and reflect on the complex issues concerning termination of pregnancy. Marguerite McCarthy, One Family will present this Masterclass. Marguerite has many years of experience with clients regarding pregnancy and parenting and has considerable knowledge, compassion and empathy for all concerned.

Masterclass 4

Law and Crisis Pregnancy Counselling

Friday 30th November, 2018

10.00am – 4.30pm

John Hume Building, Maynooth University

This Masterclass will explore the complex area of law and crisis pregnancy with particular emphasis on minors. The legal responsibilities concerning crisis pregnancy issues will be covered while simultaneously recognising the need to provide the best care for the client. Jenny Bulbulia BL will address the legal issues and Anne McCarthy will facilitate the group to explore the implications of the law for their practice.

Masterclass 5

Supporting immigrant and ethnic minority women in Ireland facing an unplanned pregnancy

Friday 7th December, 2018

10am – 4.30pm

John Hume Building, Maynooth University

Marguerite McCarthy, Counselling Manager, One Family, will present her experience of her work with these clients. She will address issues such as being culturally aware and travelling to the UK for a termination of pregnancy and trauma.

Masterclass 6

Understanding Pregnancy Loss: the emotional models of support

Friday 14th December, 2018

10am – 4.30pm

John Hume Building, Maynooth University

In this Masterclass, participants will be introduced to the practice of emotional care for those that have experienced pregnancy loss. Anne McCarthy, psychotherapist and teacher who has taught crisis pregnancy counselling skills for more than 10 years will explore emotional models of support with reference to the range of pregnancy losses that occur.

Application Form

**There will be a maximum of 25 people in each class,
so applications will be taken on a first come first served basis.**

EARLY BOOKING IS ADVISABLE.

<u>First Name</u>	<u>Last Name</u>
<u>Job Title</u>	<u>Institution</u>
<u>Address</u>	
<u>Email</u>	<u>CPD Pin Number</u> <input type="text"/>
<u>Mobile</u>	<u>Telephone (Day)</u>
<u>Masterclass 1</u> Friday 12th October, 2018	<input type="checkbox"/> Please tick box if you wish to attend
<u>Masterclass 2</u> Friday 19th October, 2018	<input type="checkbox"/> Please tick box if you wish to attend
<u>Masterclass 3</u> Friday 16th November, 2018	<input type="checkbox"/> Please tick box if you wish to attend
<u>Masterclass 4</u> Friday 30th November, 2018	<input type="checkbox"/> Please tick box if you wish to attend
<u>Masterclass 5</u> Friday 7th December 2018	<input type="checkbox"/> Please tick box if you wish to attend
<u>Masterclass 6</u> Friday 14th December, 2018	<input type="checkbox"/> Please tick box if you wish to attend
<u>Fee</u>	€30 per Masterclass – non-refundable (light lunch included)
<u>Parking Permit</u>	<input type="checkbox"/> Please tick if you require a parking permit
<u>Special dietary requirements</u>	

Places can be reserved by completing this Application Form and returning with payment to: Breda Gibney, Dept of Adult and Community Education, Maynooth University, Maynooth, Co Kildare.

Tel: 01 708 3752,
Email: crisispregnancymasterclasses@mu.ie
Cheques should be payable to:
Maynooth University

